

Navarre's Ribera region

Located in the south of Navarre, the Ribera, geographically part of the Ebro valley, is a surprising area. Its landscape of plains sprinkled with copses of poplars and willows stands in contrast to the spectacular semi-desert of the Bardenas Reales Natural Park.

The Ebro River and its tributaries have transformed the Ribera into a huge market garden with a horticultural tradition which dates back to the times of Arab rule.



What to see

- 1. Bardenas Reales Natural Park: declared a UNESCO Biosphere Reserve (Alto de Aguilares, Castildetierra, Barranco de las Cortinas, monument to shepherds, Balcón de Pilatos, etc.). The park can be visited on horseback and by car, quad, mountain bike, Segway and buggy.
- 2. Tudela: city of three cultures which stands on the Ebro route of the Way of St James and the Ignatian Way. To visit: Cathedral with its portal of the Last Judgment and cloister, Dean's Palace, Palace of the Marquis of Huarte, Palace of the Marguis of San Adrián, House of El Almirante, Church of La Magdalena, Monreal Tower, Decanal Museum, Muñoz Sola Museum, the international exhibition Avant-garde (open-air contemporary art murals), Market Garden Interpretation Centre and La Mejana market gardens.
- 3. Marcilla: castle-palace.
- 4. Arguedas: Sendaviva Nature Park, cave dwellings, Bardenas Art and Tourism Museum.
- 5. Corella: Historical Baroque buildings, churches of Nuestra Señora del Rosario and San Miguel, House of the Virto de Vera, House of Las Cadenas, Benedictine Convent-Sacred Art Museum.





Festivals and traditions

Holy Week in the Ribera:

- * El Volatín (the acrobat) in Tudela: Holy Saturday. Festival of Local Tourist
- * The Descent of the Angel: Easter day. Festival of Local Tourist Interest.
- * Procession of El Santo Entierro in Corella. Festival of Local Tourist Interest. Tudela Festival, from 24 to 30 July.

El Pilon bullrun in Falces in August.

El Paloteado in Cortes, 29 September, Good of Cultural Interest of intangible heritage of Navara.

La Sanmiguelada: in September.

Tudela and Ribera Vegetable Festival: spring. Inverdura (winter vegetable festival): winter.



- 6. Cascante: Basilica of Nuestra Señora del Romero, folk museum and thermal-recreational centre.
- 7. Castejón: Castejón Museum and Energy classroom.
- 8. Ablitas: Lor wetland.
- 9. Fitero: Monastery of Fitero, Abbey palace, Church of Santa María la Real and spa.
- 10. Fontellas: El Bocal (landscape and architectural, historical and river environment declared a Site of Cultural Interest).
- 11. San Adrian: Canning and Jarring Museum 'La fábrica vieja'.
- 12. Falces: Baroque houses-palace.
- 13. Tulebras: first female Cistercian monastery founded in Spain.
- 14. Cortes: exhibition of the Alto de la Cruz iron-age archaeological site,
- 15. Tarazonica Rail Trail: from Tudela to Tarazona, 22 kilometres long, of which 13 are in Navarre.
- 16. Ebro route of the way of St James and 17. Ignatian Way: 66 km in the Ribera through Castejón, Tudela, Ribaforada and Cortes.



Gastronomy

Don't forget that you are in the kingdom of vegetables, fresh, jarred and canned. In addition to being healthy and nutritious, they are a delight to the palate.

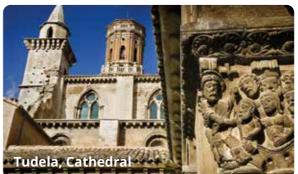
In season, you can enjoy local vegetables in all their splendour, such as artichokes, Tudela lettuce hearts, white and red cardoon, borage, piquillo peppers from Lodosa and tender asparagus. When served as menestra (stew), which should always include artichokes, garden peas, asparagus and fresh broad beans grown in the Ribera, their flavour is indisputable.

To extol the virtues of the vegetables this land boasts, Tudela and La Ribera celebrate several gastronomic days throughout the year (Cardoon Day in Peralta, Cherry Day in Milagro, Garlic Day in Falces, etc.) which involve countless things to do, such as pintxo and menu routes, guided tours, vegetable stew competitions, workshops, talks, concerts and multiple activities related to the product in which the Ribera takes so much pride.

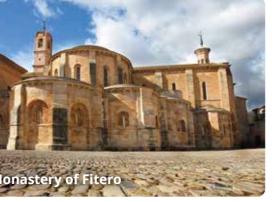
The Ribera is on the Navarra Wine Route.

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repurposed in

booths have been

the Ribera to serve

information points

Corella, Cortes,

Tudela and

Marcilla.

Cascante,

as digital tourist

in: Arguedas,



Websites of interest

www.rutadelvinodenavarra.com

www.turismoriberanavarra.com

https://turismotudela.com/





Leaflet on **Bardenas** Reales



Street map of Tudela





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