




# Navarre's Ribera region


 Tourist Information Office:


## Tudela

Plaza de los Fueros, 5-6.  
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 Tourist Information Point  
(open all year round)


 What to see


 Way of St James

 Ignatian Way

 Tarazonica Nature/Rail Trail

 Museum-Interpretation Centre

 Natural park


 Cave dwellings

 Spas

 Viewpoint

 Adventure park

 Bathing area

 Trails

 Family Trails

 Recharge electric car



Gobierno de Navarra Nafarroako Gobernua



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# Navarre's Ribera region

Located in the south of Navarre, the Ribera, geographically part of the Ebro valley, is a surprising area. Its landscape of plains sprinkled with copses of poplars and willows stands in contrast to the spectacular semi-desert of the Bardenas Reales Natural Park. The Ebro River and its tributaries have transformed the Ribera into a huge market garden with a horticultural tradition which dates back to the times of Arab rule.

## What to see

- 1. Bardenas Reales Natural Park:** declared a UNESCO Biosphere Reserve (Alto de Aguilares, Castildetierra, Barranco de las Cortinas, monument to shepherds, Balcón de Pilatos, etc.). The park can be visited on horseback and by car, quad, mountain bike, Segway and buggy.
- 2. Tudela:** city of three cultures which stands on the Ebro route of the Way of St James and the Ignatian Way. To visit: Cathedral with its portal of the Last Judgment and cloister, Dean's Palace, Palace of the Marquis of Huarte, Palace of the Marquis of San Adrián, House of El Almirante, Church of La Magdalena, Monreal Tower, Decanal Museum, Muñoz Sola Museum, the international exhibition Avant-garde (open-air contemporary art murals), Market Garden Interpretation Centre and La Mejana market gardens.
- 3. Marcilla:** castle-palace.
- 4. Arguedas:** Sendaviva Nature Park, cave dwellings, Bardenas Art and Tourism Museum.
- 5. Corella:** Historical Baroque buildings, churches of Nuestra Señora del Rosario and San Miguel, House of the Virto de Vera, House of Las Cadenas, Benedictine Convent-Sacred Art Museum.



- 6. Cascante:** Basilica of Nuestra Señora del Romero, folk museum and thermal-recreational centre.
- 7. Castejón:** Castejón Museum and Energy classroom.
- 8. Ablitas:** Lor wetland.
- 9. Fitero:** Monastery of Fitero, Abbey palace, Church of Santa María la Real and spa.
- 10. Fontellas:** El Bocal (landscape and architectural, historical and river environment declared a Site of Cultural Interest).
- 11. San Adrian:** Canning and Jarring Museum 'La fábrica vieja'.
- 12. Falces:** Baroque houses-palace.
- 13. Tulebras:** first female Cistercian monastery founded in Spain.
- 14. Cortes:** exhibition of the Alto de la Cruz iron-age archaeological site, castle.
- 15. Tarazonica Rail Trail:** from Tudela to Tarazona, 22 kilometres long, of which 13 are in Navarre.
- 16. Ebro route of the way of St James** and **17. Ignatian Way:** 66 km in the Ribera through Castejón, Tudela, Ribaforada and Cortes.



**Digital tourist information points 24/7,** in old phone booths or totems, in: Arguedas, Corella, Cortes, Cascante, Tudela, Marcilla, Ablitas, Azagra, Buñuel, Cabanillas, Cadreita, Falces, Funes, Fustiñana, Milagro, Murchante, Peralta, Ribaforada, Valtierra, Villafranca, Bardenas Centro de Aguilares and Senda Viva



## Festivals and traditions

- Holy Week in the Ribera:
- \* **El Volatín** (the acrobat) in **Tudela:** Holy Saturday. Festival of Local Tourist Interest.
  - \* **The Descent of the Angel:** Easter day. Festival of Local Tourist Interest.
  - \* Procession of **El Santo Entierro** in **Corella.** Festival of Local Tourist Interest.
- Tudela Festival,** from 24 to 30 July.  
**El Pilon bullrun** in **Falces** in August.  
**El Paloteado** in **Cortes,** 29 September, Good of Cultural Interest of intangible heritage of Navara.  
**La Sanmiguellada:** in September.  
**Tudela and Ribera Vegetable Festival:** spring.  
**Inverdura** (winter vegetable festival): winter.



## Gastronomy

Don't forget that you are in the **kingdom of vegetables**, fresh, jarred and canned. In addition to being healthy and nutritious, they are a delight to the palate. In season, you can enjoy local vegetables in all their splendour, such as **artichokes**, **Tudela lettuce hearts**, white and red **cardoon**, borage, **piquillo peppers** from **Lodosa** and tender **asparagus**. When served as **menestra** (stew), which should always include artichokes, garden peas, asparagus and fresh broad beans grown in the Ribera, their flavour is indisputable.

To extol the virtues of the vegetables this land boasts, Tudela and La Ribera celebrate several gastronomic days throughout the year (Cardoon Day in Peralta, Cherry Day in Milagro, Garlic Day in Falces, etc.) which involve countless things to do, such as **pintxo** and menu routes, guided tours, vegetable stew competitions, workshops, talks, concerts and multiple activities related to the product in which the Ribera takes so much pride. The Ribera is on the **Navarra Wine Route**.



## Websites of interest

- [www.rutadelvinodenavarra.com](http://www.rutadelvinodenavarra.com)
- [www.turismoriberanavarra.com](http://www.turismoriberanavarra.com)
- <https://turismotudela.com/>

### Essential trails in Navarre



### Leaflet on Bardenas Reales



### Street map of Tudela



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