



# Navarre by Bike Gravel



Kingdom of  
**Navarra**

Gobierno  
de Navarra



Nafarroako  
Gobernua



AGENDA  
2030



## *Keep the secret*

Navarre, in the north of Spain, offers a cultural and natural diversity that makes it an attractive and unique destination for tourists. With a history and identity marked by its chartered status, Navarre is known for its varied landscapes, ranging from the green valleys of the Pyrenees to the vast plains of the Central Zone and Ribera region.

Its capital, **Pamplona**, world-famous for the San Fermín festival, is an ideal starting point for exploring the Autonomous Community. Its old town, city walls and gardens invite you to stroll and discover its historical heritage.

The **Way of St James** crosses Navarre, providing walkers and visitors with the chance to take its five routes, enjoy local hospitality and see its architectural gems.

Nature lovers will find a unique desert landscape in the **Bardenas Reales natural park**, while the **Navarrese Pyrenees** are an excellent setting for **hiking, cycling, skiing and other outdoor activities**.

Navarre is also renowned for its **gastronomy**, offering everything from traditional *pintxos* (bar snacks) to more elaborate dishes, using high-quality local products with their own designations of origin, such as asparagus, piquillo peppers, cheese or wine.

If you want to find out more about Navarre, visit the website:

**[www.visitnavarra.es](http://www.visitnavarra.es)**



More information  
on the IBP index



Cover photo: Photos of Races





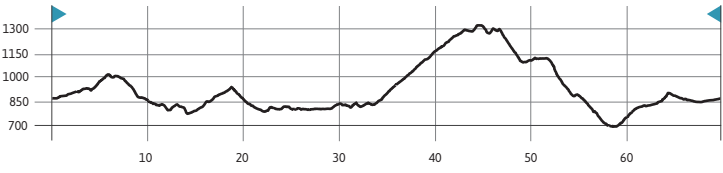
**1**  
**GRAVEL**



# Burguete. Irati



> Not signposted



 <b>Burguete</b>	 <b>70,7 km</b>	 <b>1340 m</b>	<b>118</b> <b>IBP Index</b>	 <b>Burguete, Roncesvalles, Orbaizeta Arms Factory, Casas de Irati, Ariebe</b>
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This route in the north of Navarre starts in Burguete and links up roads and tracks to make for a spectacular ride.

Start on the road to Roncesvalles, the gateway to the Way of St James in Navarre and home to an imposing mediaeval collegiate church. From there, take the EuroVelo 3 to the Orbaizeta arms factory, a place steeped in mystery and beauty. Then head for the Irati forest on the concrete track to the Irabia reservoir. Cycle round the reservoir on a spectacular path amidst beech trees to Casas de Irati. From there, take the asphalt up Tapla hill, the highest point on the route, with outstanding panoramic views. Carry on towards Garralda on the road. Shortly before reaching the village, you can enjoy the view from the Ariztokia viewpoint. The last part of the route is an easier ride which takes you back to Burguete, after passing the Roman archaeological area of Zaldua on the way.

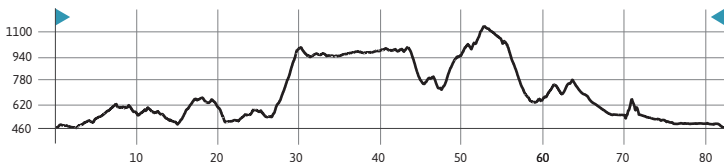
**Don't miss...**  
→ Granaries and villages of the Aezkoa valley, Ochagavía, Urkulu tower

2  
GRAVEL



## Urroz Villa. Tour of Izaga

> Not signposted



Urroz Villa



81,9 km



1223 m

108

IBP Index



Urroz Villa, Artieda,  
Lumbier, Liédena, Aibar,  
Leache, Abínzano,  
Alzórriz

The Sierra de Izaga is one of the parts of Navarre least explored by cycle tourists but one which offers a host of possibilities for gravel riding.

Start the route in Urroz Villa, alternating between the Irati rail trail and stretches of road, and passing interesting places such as the Villaveta pool. At km 10.8, take a 200 m detour to arrive at the Larrángoz hanging bridge, which leads to the deserted village of the same name. A few kilometres further on, you reach one of the most interesting natural beauty spots on the route, the Gorge of Lumbier. Liédena is the next village and marks the start of the most mountainous part of the ride. Leaving Sangüesa to one side and after an initial ascent between Rocaforte and the Aibar area, you begin the definitive climb, which takes you along a spectacular path between trees to the top of the Sierra de Izco, with magnificent views. From there, you make a quick descent towards Abínzano and return to Urroz Villa.

### Don't miss...

→ Sangüesa, Nagore reservoir, Liédena Roman villa

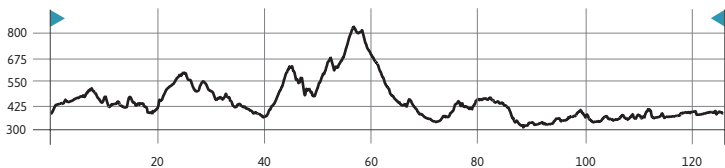
**3**  
**GRAVEL**



## Sangüesa. Castles and fortresses (1)



> Not signposted



Sangüesa



125 km



1800 m

**149**

IBP Index



Sangüesa, Aibar,  
Gallipienzo, Ujué,  
Carcastillo

You are in the heart of the Kingdom of Navarre, very close to the birthplace of its patron saint, Saint Francis Xavier. The route starts from the town of Sangüesa and takes the Way of St James to the charming castle of Javier, the home of the saint. Return to Sangüesa and head for Aibar, passing through the interesting village of Rocaforte. On the way to Ujué, ascend to Gallipienzo Viejo, where you can enjoy spectacular views. Then comes the hardest stretch, leg-breaking terrain leading to the mediaeval village of Ujué with its cobbled streets, crowned by the imposing church of Santa María.

Having reached this milestone, you begin a long descent through arid land. You can shorten the route to 118 km by taking the road between Ujué and Murillo el Fruto. Otherwise, carry on to Carcastillo, where the Monastery of La Oliva stands. There you will find one of the most interesting stretches, along the banks of the Aragón river and crossing the Roman bridge of Gallipienzo until you reach Cáseda and tackle the last few kilometres on favourable terrain.

### Don't miss...

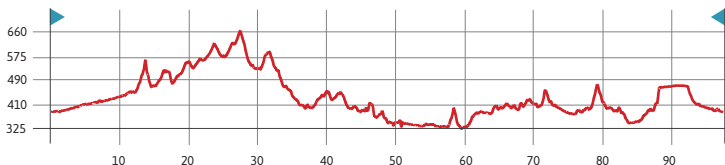
→ Monastery of Leyre, ruins of Santa Criz, Gorges of Lumbier and Arbaiun

4

GRAVEL



Not signposted



Olite



97 km



1400 m

90

IBP Index



Tafalla, Pueyo, Añorbe,  
Obanos, Puente la Reina,  
Mendigorría, Artajona

Central Navarre is home to true natural and monumental gems, such as the emblematic Olite castle, the starting point for this cycling route, which passes through valleys such as the pastoral Valdorba, a land abounding with truffles, or Valdizarbe, the “Tuscany of Navarre”.

The route begins in the historic town of Olite and sets off at a placid pace along the banks of the Cidacos river before climbing to Pueyo, from whose viewpoint you can admire the Valdorba valley, an ideal area for gravel biking, with great dirt tracks over an undulating terrain.

It continues through Añorbe, a land of vineyards, from which it then heads towards Puente la Reina, passing the magical chapel of Eunat and the charming village of Obanos on the way. In the Way of St James village of Puente la Reina with its Romanesque bridge, follow the course of the Arga river in the direction of Mendigorría and from there, between fields fed by the waters of the Navarre canal, you arrive in Artajona, known for its interesting mediaeval defensive walls. The route back to Olite passes through the typical Central Navarre landscape of croplands and holm oak trees.

### Don't miss...

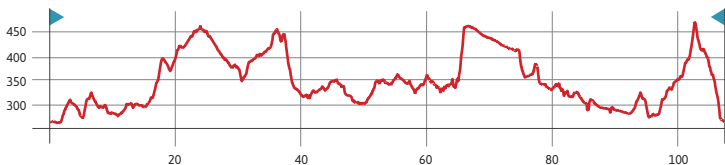
→ Romanesque in Valdorba, Iratxeta granary, Andelos Roman ruins

**5**  
**GRAVEL**



# Arguedas. Bardenas Reales

> Not signposted



Arguedas



107 km



947 m

**86**

IBP Index



Only in Arguedas

Bardenas Reales, the “desert” in the south of Navarre, is a breathtaking natural wonder and an essential destination when visiting the Community. Even more so for gravel bike lovers thanks to its endless tracks and spectacular viewpoints.

This route sets off from Arguedas and heads towards the Aguilares interpretation centre. Once inside the Bardenas Reales natural park, head south to skirt the spectacular geological formations of Rincón del Bu. Going around the firing range, head towards Carcastillo, the gateway to the part of Bardenas Reales where transhumant sheep from Navarre’s Pyrenean valleys graze.

At km 55.3, turn towards the Eguaras preserve and the ruins of the Peñaflor castle. Carry on towards Arguedas to reach the well-known geological formation called Castildetierra. Leave the park on a different path from the one you entered it on, ascending to the chapel of El Yugo to contemplate one last panoramic view of this fascinating area.

## Don't miss...

→ Tudela, Sendaviva Park, Tarazonica rail trail



6

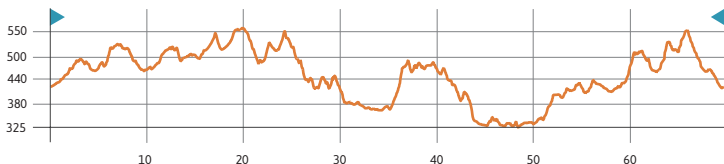
GRAVEL



MEDIUM



Not signposted



Villatuerta



69,6 km



860 m

68

IBP Index



Villatuerta, Zábal,  
Úgar, Alloz, Cirauqui,  
Mañeru, Oteiza

A crucial scene in the Carlist wars of the 19th century, Montejurra is now the ideal place to grab your gravel bike and make the most of its tracks. In fact, this area is the setting for a trailblazing race in this cycling discipline, the Tierra Estella Epic Gravel.

Starting in Villatuerta, the landscape on the route you are going to take, which includes the Alloz reservoir, is quite unique. You also get the chance to see the mediaeval village of Cirauqui, with its stone doorways and winding streets. Continue on your way towards Mañeru to continue through the copses lining the Arga river to Mendigorria. Bear in mind that its municipal area is home to the remains of the imposing Roman city of Andelos, which is very close to the route and you can make a short detour to visit.

Leave the course of the river behind you to climb gently towards Oteiza, riding over its hills until you get back to the starting point. In short, a route that represents all the versatility of gravel.

## Don't miss...

→ Estella, Monastery of Irantzu, Monastery of Iratxe

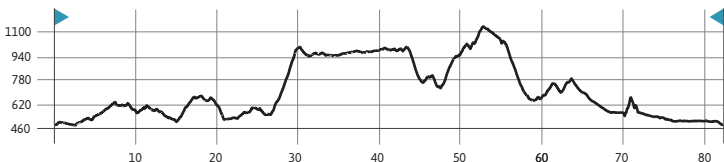
**7**  
**GRAVEL**



## Murieta. Sierras de Urbasa and Lokiz



**> Not signposted**



**Murieta**



**83,4 km**



**1768 m**

**175**

**IBP Index**



**Murieta, Galdeano, Barín-  
dano, Zudaire, Baquedano,  
Larraona, Ulíbarri, Zúñiga,  
Acedo, Ancín**

The Sierra de Urbasa-Andia is one of the most impressive natural areas in Navarre. This gravel route runs through this spectacular region, starting in the small village of Murieta and following the Vasco Navarro rail trail towards Estella.

The picturesque Allín valley serves as a prelude to the Améscoas, following a path that involves a certain degree of technical difficulty for gravel bikers but is worth taking in order to avoid the asphalt and enjoy the surroundings. The first demanding climb on the route, towards the Sierra de Urbasa, starts from Baquedano. The route allows you to cover the magnificent Urbasa plateau from east to west, passing the breathtaking viewpoint known as Balcón de Pilatos (Pilate's balcony).

At the end of the mountain, descend towards Larraona. From there, climb up the Sierra de Lokiz, another plateau to cross, and then descend to the Lana valley. Ride through this very sparsely populated area heading to Zúñiga, where you return to the Vasco Navarro rail trail and back to Murieta.

### **Don't miss...**

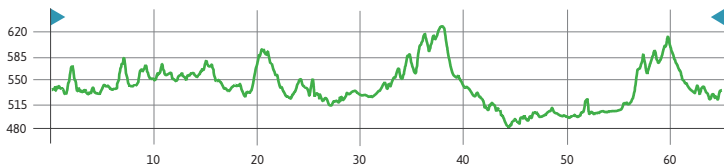
→ *Truffle museum, Monastery of Iratxe, Los Arcos,  
Roman villa of the Muses, Basilica of San Gregorio Ostiense*

8  
GRAVEL



## Alsasua. Tour of Sakana

> Not signposted



Alsasua



63,8 km



626 m

46

IBP Index



All the villages on the route have a drinking fountain or a place where you can get water

In the north-west of Navarre, between the majestic massifs of Aralar and Urbasa-Andia, where beeches and oaks, chasms and groundwater springs reign supreme, the deep, narrow Sakana valley, bathed by the Arakil river, opens out.

On this imposing terrain, the significant difference in height between the valley and the peaks leads us to choose a bike route in the lower part, with small skirmishes on the slopes to add some irregularity.

The end result is an authentic gravel ride through the valley, starting from Alsasua heading west until you reach Ziordia. From there, head back east via Olazagutía, Urdiain, Iturmendi and Bakaiku; climb to Lizarraga and cross the A-10 motorway to pass through Arbizu, Lakuntza and Etxarri Aranatz. With one last foray onto the slopes of the Sierra de Aralar, return to the starting point after touring a valley with significant industrial development and exceptional natural beauty.

### Don't miss...

→ Sanctuary of San Miguel de Aralar, chapel of Santiago de Itxasperi, Monastery of Zamartze, dolmens in Etxarri Aranatz

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Navarre by bike



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