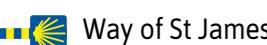


Pamplona and District

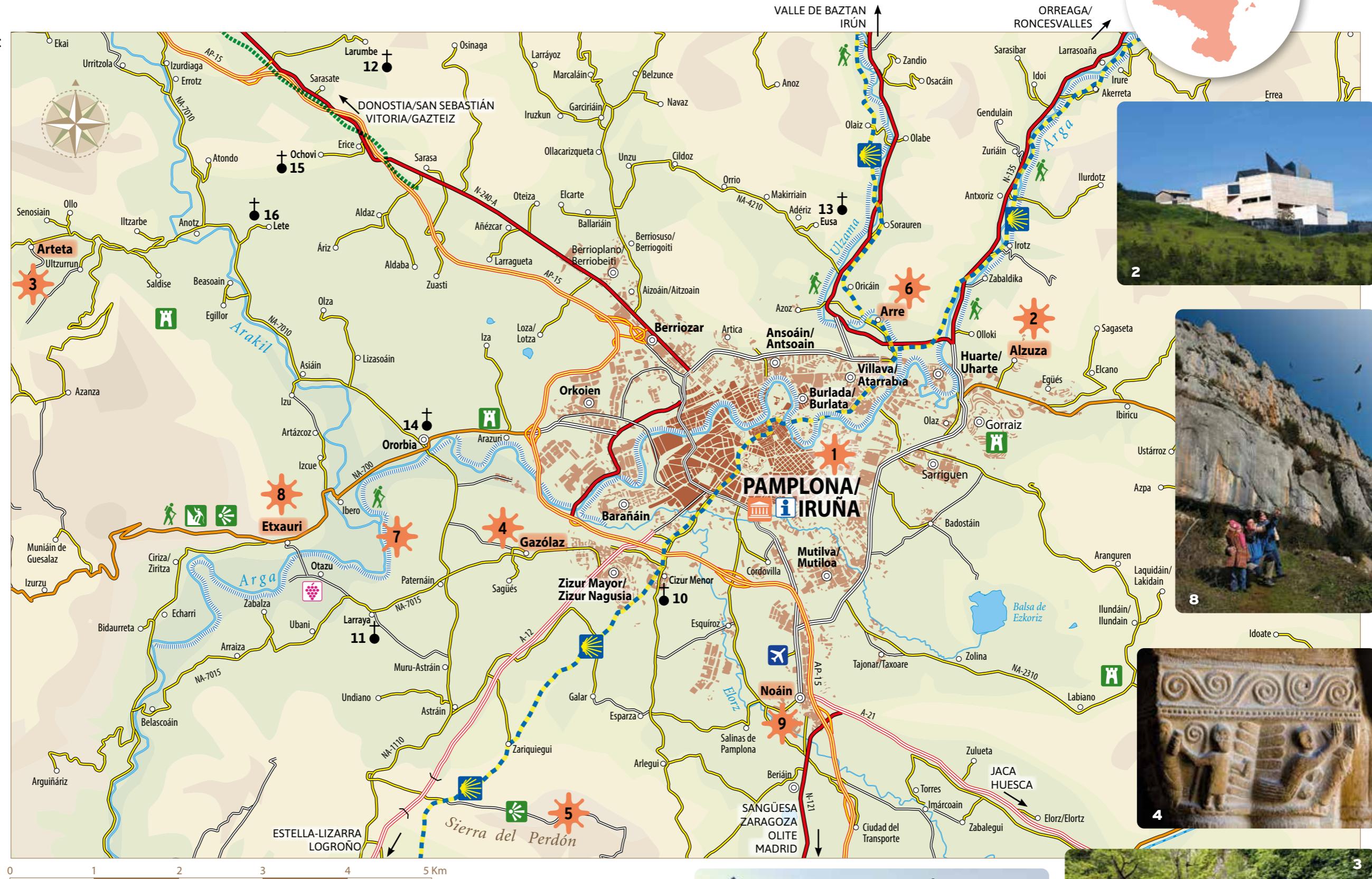
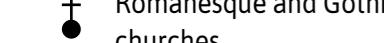
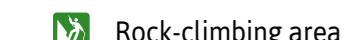
TOURIST INFORMATION OFFICE:

PAMPLONA

C/ San Saturnino 2
(+34) 948 420 700
oficinaturismo@pamplona.es


What to see

Way of St James

Plazaola Rail Trail

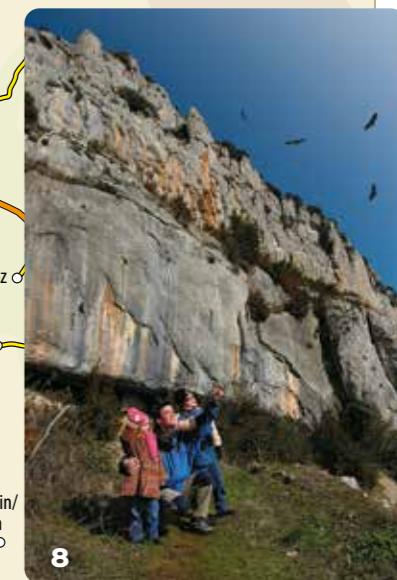
The Arga River Park


Gobierno de Navarra Nafarroako Gobernua



www.visitnavarra.es

@visitnavarra.es



Pamplona and District

Pamplona is the political, administrative, economic and cultural centre of Navarre. Moulded by the San Fermín festival and the Way of St James, the old walled city now stretches over the basin of the River Arga and forms a conurbation with neighbouring municipalities which is home to some three hundred thousand people.

In addition to the charm of the historical centre, the traveller also finds in Pamplona a dynamic city with an array of urban styles, modern architecture for the most part and restored buildings in the old boroughs, with a range of busy shops, great green expanses and numerous places to meet up.

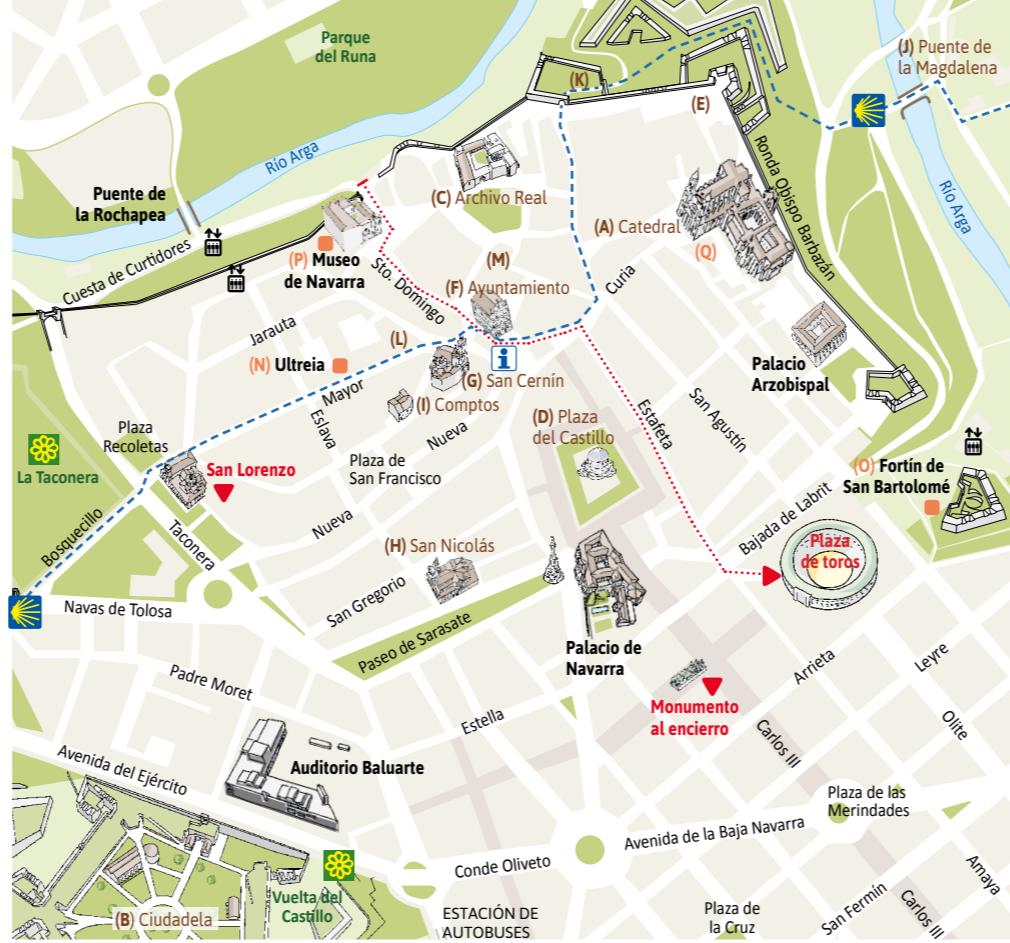
What to see

1. PAMPLONA: (A) Cathedral of Santa María la Real, (B) Citadel and walled complex, (C) Royal Palace-General Archive of Navarre, (D) Plaza del Castillo, (E) Rincón del Caballo Blanco-Bastion of El Redín, (F) City Hall and Plaza Consistorial, (G) Churches of San Saturnino-San Cernin and (H) San Nicolás, (I) Cámara de Comptos, (J) Bridge of La Magdalena, (K) Gate of France or Zumalacárregui, (L) Palace of El Condestable and Pablo Sarasate Museum, (M) Santo Domingo Market.

► **SAN FERMÍN ROUTE:** Calle de Santo Domingo (corralillos and niche of San Fermín), Calle Estafeta, Plaza de Toros (bullring) and monument to the running of the bulls, Church of San Lorenzo-Chapel of San Fermín.

► **PARKS AND GARDENS:** Vuelta del Castillo, Taconera gardens, Yamaguchi park, Media Luna park.

► **MUSEUMS AND INTERPRETATION CENTRES:** (N) Ultreia Pilgrim Welcome and Way of St James Interpretation Centre, (O) Fort of San Bartolomé-Fortification Interpretation Centre, (P) Museum of Navarre, (Q) Occidens exhibition (Cathedral), Museum of the University of Navarra, Pamplona Planetarium..



1. City Hall and towers of San Cernin (left).



1. Inside the cathedral.



1. Pilgrims walking around the walls.



1. Taconera Gardens.

ECOTOURISM:

7. **ARGA RIVER PARK:** natural path over 51 km of the banks of the River Arga. Villava fulling mill and San Andrés and Caparroso mills.
8. **ETXAURI:** 476 climbing routes with levels of difficulty of 4 to 8 and viewpoint over the Pamplona Basin.
9. **NOÁIN:** park of the senses, with a separate space for each sense. Aqueduct.

ROMANESQUE AND GOTHIC CHURCHES:

10. Church of San Emeterio and San Celedonio (arcaded), and Church of San Miguel Arcángel (**Cizur Menor**-Way of St James).
11. Church of San Román (arcaded, **Larraya**).
12. Church of San Vicente (arcaded, **Larumbe**).
13. Church of San Esteban (**Eusa**).
14. Church of **Orobia**.
15. Church of San Juan Bautista (arcaded, **Ochovi**).
16. Romanesque Monastery of Nuestra Señora de Yarte, exterior (**Lete**).

Festivities and traditions



15



Pamplona:
(15) San Fermín from 6 to 14 July.

Privilege of the Union, 8 September.

San Saturnino, 20 November.

(16) New Year's Eve, 31 December.

Gastronomy

Pamplona offers visitors a taste of yesteryear because the region has taken special care not to lose its traditional dishes, based on all the products that the varied Navarrese landscape and its acres of market gardens provide, and everyone treats mealtimes as a true social event. Eager not to miss out on the creations of our finest chefs, lovers of good food pay close attention to Navarrese cuisine as it evolves and reinvents itself. Traditional or modernised, meals aren't complete without wine from one of our local wineries.

A magnificent display of high-quality local products can be found at the **municipal markets** or plazas, as we call them here. Going round the stalls, you can get a good idea of how the regular sellers and buyers operate, and learn just by watching. The three municipal markets in Pamplona are the Ensanche, Santo Domingo and Ermitagaña markets.

And if Pamplona is known for anything, it's for its **pintxos** (17). This scaled-down or miniature designer cuisine is the perfect choice for an appetiser or a meal at the bar. Going to bars and sampling the pintxos, is a fun way of experiencing the local customs!



Websites of interest

www.pamplona.es/turismo



PAMPLONA-IRUÑA TOURIST APP:

Access all the tourist routes, information of interest, what's on, box offices....



17

Essential trails in Navarre



Street Map of Pamplona



1. Casino Iruña.
Hemingway's corner