

# Plazaola, Sakana and Ultzama



Tourist Information Office:

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Tourist Information Point  
(open all year round)

What to see

Way of St James

Plazaola Nature/Rail Trail

EuroVelo 1 - Ederbidea

Museum-Interpretation Centre

Natural park

Cave

Viewpoint

Adventure park

School farm

Bike hire

Trails

Family Trails

Recharge electric car



Gobierno de Navarra Nafarroako Gobernua

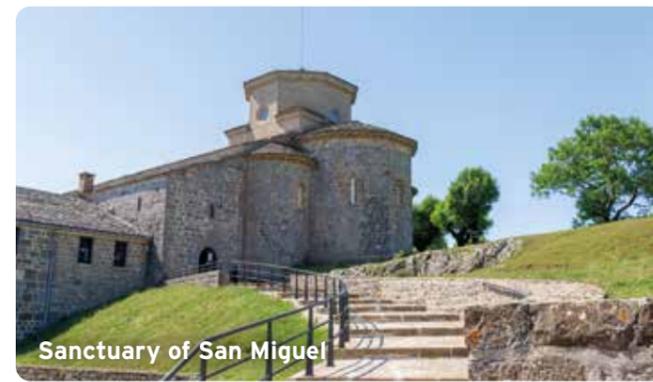


[www.visitnavarra.es](http://www.visitnavarra.es)

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# Aralar, Urbasa-Andía and Sakana

Sierra de Aralar and Sierra de Urbasa-Andía lie to the west of Pamplona and its basin. The area borders with Gipuzkoa and Araba/Álava to the west, and to the north and south with the Navarrese regions of Atlantic Pyrenees and Tierra Estella.



Sanctuary of San Miguel



Andía



Plazaola rail trail



Orgi forest



Iribas

## What to see

### Sierra de Aralar and Sierra de Urbasa-Andía

From Lekunberri, you can also go to Sierra de Aralar, a terrain full of dolmens, a paradise for hikers and a place of legend.

- Uharte Arakil:** Sanctuary of San Miguel de Aralar, enamelled altarpiece and Romanesque Monastery of Santa María de Zamartze.
- Leitza:** old village centre, Peru Harri rural sports museum.
- Lekunberri:** old town centre, Beigorri Adventure Park.
- Plazaola Nature / Rail Trail:** from Sarasa to Andoáin. 41.9 kilometres are in Navarre; 68 km in all.
- Urbasa-Andía Natural Park** is a mountain massif covered with beech and oak trees which is formed by two karst plateaus riddled with potholes. Beneath it lies the aquifer which feeds the spectacular source of the Urederra River (Baquedano).

### Ultzama, Imotz, Basaburua and Larraun valleys

Valleys full of small villages with beautiful houses, green meadows and lush forests.

- Lizaso:** Orgi forest.
- Eltso:** beekeeping house-museum.
- Larraintzar:** mycological park.
- Latasa:** the village where the Plazaola Rail Trail joins the EuroVelo 1 European cycle route. Station (old Plazaola railway station and storehouse).
- Jauntsarats:** monumental oak trees.
- Astitz:** cave of Mendukilo.
- Iribas:** source of the River Larraun.



Beigorri Adventure Park



Cave of Mendukilo



Leitza, Peru Harri

## Festivals and traditions



Artzai Eguna



Altsasu carnivals



Lantz carnivals

**Artzai Eguna** (shepherds' day) in Uharte Arakil, last Sunday in August.  
**Carnivals** in Altsasu/ Alsasua, Leitza, Lantz.



Txistorra



Cuajada



Mycological park

## Gastronomy

Local beef with the **Ternera de Navarra** label and **Euskal Txerri**, a native pig raised in the open, are the highlights of the food available throughout this area. **Txistorra** sausage also deserves a special mention.

Cheese with the **Idiazabal** designation of origin is a mature pressed-paste cheese made with latxa sheep's milk by the shepherds of Urbasa and Aralar. This is also a great place to try another dairy product made with sheep's milk and rennet: some tasty **cuajada** (junket), sweetened with sugar or honey.

And between January and March, you just have to visit one of Navarre's **cider houses** to try the cider and typical food they serve.



Cider



Essential trails in Navarre

## Websites of interest

- [www.plazaola.org](http://www.plazaola.org)
- [www.ultzama.eus](http://www.ultzama.eus)
- [www.sakana.eus](http://www.sakana.eus)
- [www.parquedeurbasa.es](http://www.parquedeurbasa.es)