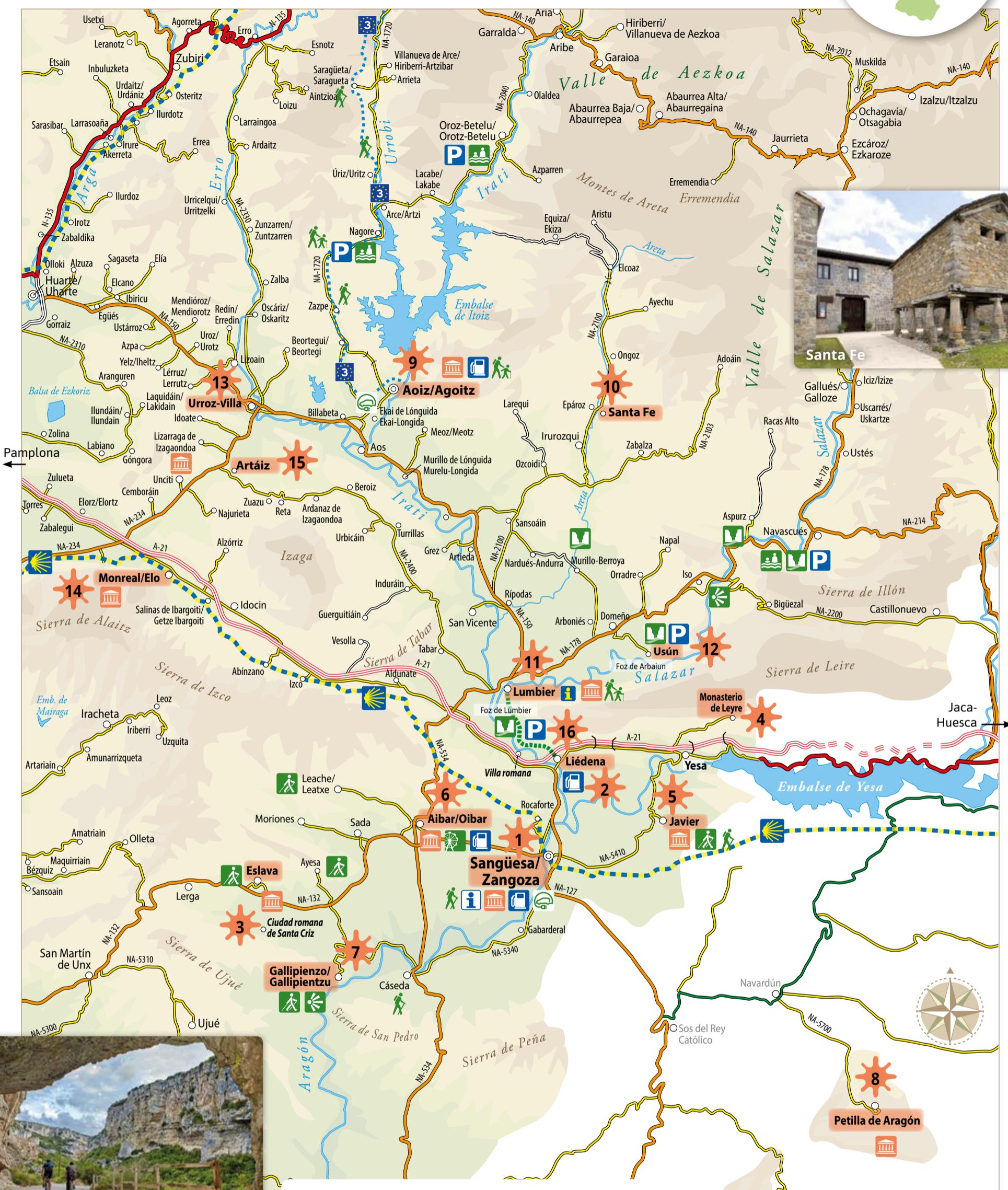


Sangüesa district and Pre-Pyrenees



i Tourist Information Offices:

Sangüesa

C/ Mayor, 2
(+34) 948 871 411
oit.sanguesa@navarra.es

i Tourist Information Point
(open all year round)

***** What to see

W Way of St James

IR Irati Rail Trail

E3 EuroVelo 3

M Museum-Interpretation Centre

G Gorge

B Bathing area

V Viewpoint

A Adventure park

NWC Nordic Walking Centres

T Trails

FT Family Trails

P Regulated car park

P Petrol station

REC Recharge electric car

Kingdom of
Navarra

Gobierno
de Navarra



Nafarroako
Gobernua



AGENDA
2030



Gallipienzo



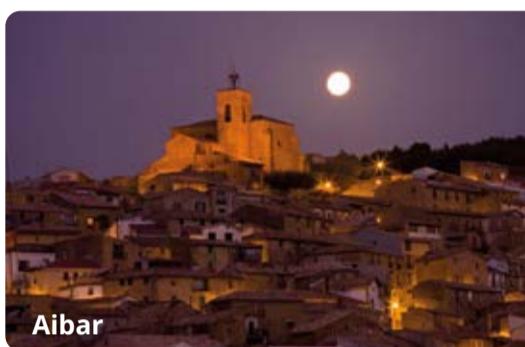
Santa María de Sangüesa



Aoiz



Monastery of Leyre



Aibar



Gorge of Arbaian



Monreal

The Sangüesa district

The Sangüesa district, through which the Aragón River passes, has 13 towns and villages: Aibar, Cáseda, Eslava, Ezprogui, Gallipienzo, Javier, Leache, Lerga, Liédena, Petilla de Aragón, Sada, Sangüesa and Yesa.

What to see

- 1. Sangüesa:** Church of Santa María la Real, Palace of the Prince of Viana, Palace of Vallesantoro, Church of Santiago, convents of Nuestra Señora del Carmen and San Francisco de Asís, town hall.
- 2. Liédena:** ruins of the Roman villa.
- 3. Eslava:** Archaeological site of the Roman town of Santa Criz.
- 4. Yesa:** Monastery of San Salvador de Leyre.
- 5. Javier:** castle, basilica and Parish Church of La Anunciación.
- 6. Aibar:** mediaeval village, Renewable energy classroom and House-Museum of the Trades, Artamendia adventure park.
- 7. Gallipienzo:** picturesque village, Church of San Salvador.
- 8. Petilla de Aragón:** house-museum of the Nobel Prize in medicine Santiago Ramón y Cajal.

Nordic Walking Centres: there are centres in Javier, Aibar, Eslava and Cáseda with different routes for different abilities. The green and blue routes for beginners, and the red and black routes for those more familiar with the technique.

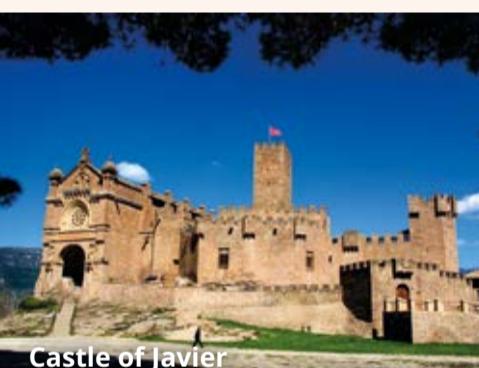
Festivals and traditions



Auto Sacramental of the Magi (dramatic representation) in Sangüesa, 6 January. Festival of Local Tourist Interest.

Pilgrimages to Javier, March.

Sangüesa Festival, from 11 to 17 September.



Days in praise of potxas beans in Sangüesa, September

Gregorian chants in the Monastery of Leyre.

San Martín fairs in Urroz Villa, November.



Potxas, a type of white bean picked in August and eaten before it is ripe, are grown in Sangüesa.

In Yesa there is a fish farm which produces sturgeon **caviar**.

And round off your meal with a delicious milk-based dessert, like **costrada from Aoiz**, a tart which combines a sponge-like crust with a soft creamy interior.

Gastronomy



This is an area with a solid winemaking tradition, and it has its own sub-designation: Baja Montaña wine. Several towns and villages have wineries open to visitors and some of these produce organic wines. The region is on the **Navarra Wine Route**.



Websites of interest

www.izaga.es

www.agoitz.eus

www.sanguesa.es

www.lumbier.com

aibar-oibar.org

www.calzadaromanadelpirineo.eus

www.romanizado-errromantzatua.eus

www.rutadelvinodenavarra.com

Essential trails in Navarre



Street map of Sangüesa

