



Tierra Estella


Tourist Information Office:
Estella-Lizarra
 Pl. San Martín, 4
 (+34) 848 420 485
 oit.estella@navarra.es


Tourist Information Point
 (open all year round)

Tourist Information Point
 (open during season)


 What to see


 Way of St James


 Ignatian Way


 Vasco-Navarro Railway Nature/
Rail Trail


 Museum-Interpretation Centre


 Natural park


 School farm


 Bathing area

 Mountain Bike Centre

 Trails

 Family Trails

 Regulated car park

 Recharge electric car



Abárzuza, Monasterio de Irantzu



Baquadano, Nacadero del Urederra



Gobierno de Navarra
 Nafarroako Gobernua



www.visitnavarra.es

 @visitnavarra.es

Tierra Estella

Tierra Estella or Western Central Navarre marks the transition between the greener, more mountainous north, full of forests and grasslands, and the flatter, drier south with its mosaic of cereal fields, vineyards, olive groves, fields planted with asparagus, orchards and market gardens. The area's boundaries are clearly demarcated to the north —sierras de Urbasa and Andía—, to the west, the sierras of Lokiz and Codés that border the community of Araba/Álava and to the south —the boundary with Rioja— but vaguer to the east, where it is bound, further north, by the course of the Arga River and then, further south, by the lower reaches of the Ega River.

What to see

1. **Salinas de Oro:** landscape of salterns.
2. **Lerate-Úgar:** Alloz reservoir.
3. **Irurre:** Henri Lenaerts Foundation.
4. **Abárzuza:** Monastery of Irantzu.
5. **Baquedano:** source of the River Urederra Nature Reserve.*
6. **Urbasa-Andía Natural Park:** Ubaba balcony.
7. **Estella-Lizarra:** churches of San Pedro de la Rúa, San Miguel, El Santo Sepulcro, Basílica of Nuestra Señora del Puy, Gustavo de Maeztu museum, Carlism museum and Estella-Lizarra Interpretation Centre.
8. **Ayegui:** Iratxe monastery and wine museum.
9. **Arellano:** Roman villa of the Muses.
10. **Los Arcos:** Church of Santa Maria.



Estella-Lizarra, San Pedro de la Rúa



Torres del Río



Viana



Arellano



Alloz reservoir

11. **Torres del Río:** Church of El Santo Sepulcro.
12. **Viana:** Church of Santa María, tomb of Cesare Borgia, ruins of the Church of San Pedro, Las Cañas wetland and bird observatory.
13. **Metauten:** Truffle museum.
14. **Sorlada:** Sanctuary of San Gregorio Ostiense.
15. **Azuolo:** Monastery of San Jorge.
16. **Lerín:** starlight village.
17. **Vasco-Navarro Railway Nature / Rail Trail:** old railway route joining Estella-Lizarra with Bergara, passing through Vitoria-Gasteiz. The Navarrese section covers 27 kilometres between Estella-Lizarra and Zúñiga.

* **Source of the river Urederra Nature Reserve.** Due to the regulation of this protected natural site, prior booking is required through the following website: urederra.amescoa.com. It is mandatory to park all vehicles in the car part at the Reception Area. If you do not need to use the car park, then dial the following number to book in advance: **948 539 426**.

Festivals and traditions



Estella-Lizarra festival



Witchcraft week

- * Estella-Lizarra: **Festival**, Friday before the first weekend in August. **Early Music Week**, September. **Fairs of San Andrés**, November. **Estella Mediaeval Week**, July.
- * **Toast Day** and the **Navarre Olive Oil Festival** in Arróniz, February.
- * **Witchcraft week**, in Bargorta, July.
- * **Mugacu Fest** in Viana, June.
- * **Toro con sogá (roped bull)** in Lodosa, September.
- * **Shepherds'day**, in Eulate, October.



Toast Day



Gastronomy

The range of gastronomic possibilities Tierra Estella has to offer is as broad as its landscapes are diverse: starters such as **asparagus from Navarre** or **piquillo peppers from Lodosa**, dressed with olive oil from Arróniz and spring salt from Salinas de Oro; pulses like **calbotes** (red beans) or potxas beans prepared Navarre style.

Roast suckling pig and ajoarriero (cod) are two of the more traditional dishes in the area, as are relleno (sausage made with rice, egg and bacon fat) and **lamb al chilindrón**.



Beans and piquillo peppers

The village of Metauten is home to the **Truffle** museum, where you can try the most prized of all fungi and discover its culinary possibilities.

Traditional cheese from Urbasa and Andía, and delicious local confectionary, such as **Rocas del Puy** (chocolate and hazelnuts), alpargatas (puff pastry) and Sanchicos (filled chocolates), are sure to leave you with the best of tastes in your mouth on your trip, all washed down with the fantastic wines from the local wineries, **un rico cava navarro** and patxaran, whose medicinal origin makes it one of the best ways to aid digestion and round off this gastronomic field day.



Vasco-Navarro railway



Irurre-Henry Laenaerts Fondation

Websites of interest

www.turismotierraestella.com
urederra.amescoa.com
www.amescoa.com
www.tierrasdeiranzu.com
www.parquedeurbasa.es
montejurrabizi.com/es/rutas
viaverdevasconavarro.com

Essential trails in Navarre



Street map of Estella-Lizarra

